

## Come to the Fire Moon Ritual. LauriCox.Me

Rituals do not need to be elaborate and complicated in order to be powerful and cleansing.

Ritual is a portal to call forth the divine.

Ritual invokes the energy of sacredness into our regular life.

Ritual creates a threshold to step into our true desires.

Ritual invokes the manifestation and all based on intention.

Ritual infuses feminine magic into the creation of our desires.

### What you'll need:

- 🔥 A safe place to do a fire ritual and a safe container to burn; a burning bowl, fireplace, a tin vegetable can are all perfect
- 🔥 Match Sticks (several)
- 🔥 Paper, I prefer tissue paper (burns easy) or very light paper. Cut or tear into strips the width of your matchsticks
- 🔥 A pen or pencil

### The Ritual:

- 🔥 Write down the things that are heavy on your heart right now.
- 🔥 Once you have written everything down on paper that you desire to release begin wrapping them around the match sticks. Keep in a separate "RELEASE" pile.
- 🔥 What do you now desire to bring forth instead?  
What is the new experience or energy you desire to replace with what you are releasing?
- 🔥 Once you have written everything down on paper that you desire to release begin wrapping them around the match sticks. Keep in a separate "INVITE" pile.
- 🔥 Put your "RELEASE" pile in your burning container.
- 🔥 Light them with a match stick.
- 🔥 Say Release Prayer:  
I call in all spirits of light, angels, guardians and guides.  
Please assist me in releasing my fear so I may embrace freedom, release my pain so I may embrace joy, release my anger so I may embrace compassion, release my sadness so I may embrace peace
- 🔥 Put your "INVITE" pile in your burning container.
- 🔥 Light them with a match stick.
- 🔥 Say Invite Prayer:  
Tonight I invite in serenity, tranquility and the beauty of the now.  
I welcome in transformation, growth, abundance and fresh beginnings.
- 🔥 Express in your own words gratitude for all that is and all that shall be.  
I receive I receive I receive and so it is.



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